



Woodstone Community Primary School

Curriculum Vision Statement for

Physical Education

'A high-quality physical education curriculum inspires all pupils to succeed and excel in competitive sport and other physically-demanding activities. It should provide opportunities for pupils to become physically confident in a way which supports their health and fitness. Opportunities to compete in sport and other activities build character and help to embed values such as fairness and respect'.

At Woodstone, we aim to instil a passion for PE and different sports to ensure that every child has the opportunity to be the best they can be in PE lessons, sport, active playtimes and across the whole curriculum.

Through physical education and sport, we aim to teach our pupils new skills (agility, balance, coordination) and values and show them how to improve in a safe and stimulating environment. By providing a wide variety of sporting opportunities both in school and off site, our pupils will become healthy and active young people ready for the next stage of their lives.

We strive to give children the opportunity to compete internally (intra-school), and with other schools (inter-school) to instil values of teamwork, determination, respect, encouragement, passion and communication.

Regular participation in PE and sport helps to improve physical fitness, helps with weight management, promotes good health, instils self-discipline, develops skills, improves self-confidence, reduces stress and develops lifelong learning skills. This is why Physical Education and sport play such an integral part in school life here at Woodstone.