

I hope you have had a lovely weekend and enjoyed the sunshine! Please check that you have received an email about the new challenges this week, if you haven't let me know.

Please start with the phonics challenge today.

How many rainbows can you complete this week?

### Phonics

I have recorded my very first 'At Home' Phonics lesson for you! Please get yourself a pencil and some paper then click on the following link.

<https://www.youtube.com/watch?v=ekMQKiRDBI8&feature=youtu.be>

I hope you enjoy it ☺

### Reading

This week, we are going to be focussing on a book called 'Zara and the Lost Cat' which is available on Purple Mash. Today, I would like you to read chapter 1 then complete the quiz about story. You will find Chapter 1, the quiz and some optional additional activities in your '2Dos' on Purple Mash.

### Maths

Please click on the link below and select 'Summer Term - Week 1 W/C 20<sup>th</sup> April' (remember we are working a week behind the plan).

Please click on Lesson 1 - Making Doubles

<https://whiterosemaths.com/homelearning/year-1/>

Watch the short video and complete the activities.

### Key Skills

Counting in 2s.

Take it in turns with someone in your house to say the next multiple of 2. For example, you say '2' your mum says '4', you say '6' and so on. What number can you get to?

### Random Act of Kindness

Give your pet some love! Spend some time giving your pets some fuss or helping to feed/care for them. If you don't have a pet, you could care for a minibeast in the garden!

### PE

See the page below. How quickly can you spell out your name by doing these moves?

Challenge: Spell out your middle and surnames too!

### Writing Adjectives

Please click on the link below, watch the short video and complete 'Activity 1' in your exercise books.

<https://www.bbc.co.uk/bitesize/articles/zd372sg>



# PERSONAL BEST

See how fast you can spell out your name using the exercises below!

**A** - 5 star jumps

**B** - 5 burpees

**C** - 10 toe touches

**D** - 5 lunges

**E** - 5 push ups

**F** - 5 sit ups

**G** - 5 tuck jumps

**H** - 10 high knees

**I** - 10s plank

**J** - 5 squats

**K** - 10 high knees

**L** - 5 sit ups

**M** - 5 burpees

**N** - 5 lunges

**O** - 5 push ups

**P** - 10s plank

**Q** - 5 tuck jumps

**R** - 10 punches

**S** - 5 squats

**T** - 10 punches

**U** - 5 tuck jumps

**V** - 5 sit ups

**W** - 5 burpees

**X** - 5 star jumps

**Y** - 5 tuck jumps

**Z** - 5 lunges



## Need help?

Here's a link to our example! <https://youtu.be/OS1wWh2wHD8> & check out how to do the exercises properly here! <https://www.youtube.com/watch?v=BlRzY6-5FWc>