

### WOODSTONE COMMUNITY PRIMARY SCHOOL

## Week 1

## Weeks commencing 26<sup>th</sup> April, 17<sup>th</sup> May, 7<sup>th</sup> June & 28<sup>th</sup> June

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	Friday
OPTION 1	Margherita Pizza	Farm Assured Lamb Kofta, served in a pitta with a yoghurt and mint dressing	Farm Assured Roast Turkey with sage and onion stuffing and gravy	Organic Beef Meaty Mac & Cheese	Sustainably Caught (MSC) Battered Fish with tomato ketchup
OPTION 2	Roasted Pepper and Tomato Pizza	Jacket Potato with Vegetarian Bolognaise	Lentil & Sweet Potato Curry and fluffy rice	Potato & Courgette Layer Bake	Quorn Dippers
OPTION 3	Cheese Roll	Tuna Roll	Turkey Roll	Cheese & Salad Roll	Egg Mayonnaise Roll
Carbs	Pasta in tomato sauce	Fluffy Rice	Creamed potatoes	Garlic Bread	Chips
Desserts	Apple Cake	Peach & Raspberry Cobbler with Custard	Chocolate Shortbread	Iced Bun	Vanilla Ice Cream
	Granola and Yoghurt Fruit Sundae	Toffee Crispy Cake	Carrot Cake	Strawberry Jelly & Cream	Flapjack Slice

\*\* A choice of vegetables will be available with every dish \*\*

### New main dishes for 20/21:

*Lamb Kofta* – a Middle Eastern dish with aromatic spices. Farm Assured minced lamb with added spices, shaped and served in a healthy pitta and accompanied with a refreshing yoghurt and mint dip.

*Meaty Mac Cheese* – *The makeover of a timeless classic*. An organic beef bolognaise with a homemade creamy macaroni cheese topping.

Potato & Courgette Bake – Layers of organic sliced potatoes and courgette bound in a rich white sauce, all topped with cheese and baked.

*Apple Cake* – A light fluffy sponge with the addition of fresh apples

Peach & Raspberry Cobbler with Custard – An old favourite of Grandma's. Juicy peaches and raspberries with a biscuit topping



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## Week 2

# Weeks commencing 12<sup>th</sup> April, 3<sup>rd</sup> May, 24<sup>th</sup> May, 14<sup>th</sup> June & 5<sup>th</sup> July

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	Friday
	Farm Assured Pork	Quorn Stir-Fry	Farm Assured Roast Loin	Farm Assured Chicken	Sustainably Caught (MSC)
<b>OPTION 1</b>	Sausages in onion		of Pork with apple sauce &	& Sweetcorn Pizza	Fish Fingers or Salmon Fish
	gravy		gravy		Fingers
	Vegetarian	Traditional Cheese Flan &	Sweet Chilli Pasta	Garlic Mushroom Pizza	Vegetable Fingers
<b>OPTION 2</b>	Sausages in onion	Parsley Potatoes			
	gravy				
OPTION 3	Pork Sausage Cob	Cheese Roll	Roast Pork Roll	Egg Mayonnaise Roll	Tuna Mayonnaise Roll
Carbs	Mashed Potatoes	Fluffy Rice	Potatoes in their Skins	Herby Jacket Wedges	Chips
Desserts	Cheese & Biscuits	Chocolate & Beetroot	Pear Sponge with Custard	Lemon Drizzle Cake	Cinnamon Swirls
		Brownie			
	Seasonal Fruit Oaty		Oaty Cookie	Banana Flapjack	Vanilla Ice Cream
	Crumble & Custard	Strawberry Whip	-		

\*\* A choice of vegetables will be available with every dish \*\*

### New main dishes for 20/21:

Garlic Mushroom Pizza – A light dough spread with a homemade rich tomato sauce, topped with vegetables, garlic mushrooms and cheese

*Chocolate & Beetroot Brownie* – This gooey centered brownie has the addition of earthy beetroot, counting as one of your 5 a day!

*Pear Sponge & Custard* – A light sponge with a base of sweet pears

Cinnamon Swirl – A sweet flavoured pastry with cinnamon, rolled and cut into a swirl, delicious served warm



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## Week 3

## Weeks commencing 19<sup>th</sup> April, 10<sup>th</sup> May, 31<sup>st</sup> May & 21<sup>st</sup> June

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	Friday
OPTION 1	Organic Pork Meatballs in a homemade tomato sauce	Farm Assured Roast Chicken with sage & onion stuffing	Sustainably Caught (MSC) Tuna Pizza	Farm Assured Jerk Chicken with a fruity salsa	Sustainably Caught (MSC) Fish Fingers
OPTION 2	Macaroni Cheese	Spinach & Chickpea Masala & fluffy rice	Margherita Pizza	Vegetarian Cottage Pie	Homemade Spicy Bean Burger
OPTION 3	Pork Meatball Sub	Chicken Roll	Tuna Mayonnaise Roll	Chicken Mayonnaise Wrap	Fish Finger Sandwich
Carbs	Pasta Shapes	Potato & Carrot Mash	Half a Jacket Potato	Jacket Wedges	Chips
Desserts	Dutch Apple Cake with Custard	Courgette & Lime Cake	Ginger Syrup Sponge with Custard	Orange & Mandarin Jelly & Whipped Cream	Chocolate Ice Cream
	Butterscotch Whip	Cherry Shortbread	Chocolate Cornflake Cake	Banana Cake	Viennese Whirls

\*\* A choice of vegetables will be available with every dish \*\*

#### New main dishes for 20/21:

*Organic Meatball Sub* – A tasty homemade sub roll filled with organic meatballs, tossed in a rich tomato sauce with crispy lettuce and cucumber.

*Spinach & Chickpea Masala* – *An Asian mild spiced curry*. Wholesome chickpeas with leafy green spinach, mixed in a homemade curry sauce base.

*Jerk Chicken* – A hint of Jamaica bringing the Caribbean to our kitchens. Farm assured chicken coated in our homemade jerk marinade. Tasty but not too hot!

Dutch Apple Cake – A light sponge infused with fresh apples, sultanas and a hint of cinnamon. Served with a hot, creamy custard.

*Ginger Syrup Sponge with Custard* – A gooey syrup base with a light ginger sponge top, sweet and tasty served with a creamy custard.