

Public Health Department  
Leicestershire County Council  
Room G58  
County Hall  
Glenfield  
Leicester  
LE3 8TB

November 2019

To: All Parents/Carers of children in Reception and Year 6

**Height and weight checks for children in Reception and Year 6 (January – March 2020)**

Every year in England, children in Reception and Year 6 have their height and weight measured as part of the National Child Measurement Programme (NCMP). Your child's class will take part in this year's measurement programme.

The NCMP provides information to help build an understanding of national and local trends in child weight. It is important to have a good understanding of how children are growing, so that the best possible advice and support can be provided for them and their families.

**The measurements will be supervised by trained school nursing staff at school in a private space away from other pupils. Children who take part will be measured fully clothed except for their coats and shoes. Routine data such as your child's name, date of birth, sex, address, postcode and ethnicity will also be collected.**

**The data from all schools in the area will be gathered together and held securely by our local authority public health team. Please note that we may store your child's information on their health record and share it with their GP. No individual measurements will be given to school staff or other children, and all information will be treated confidentially.**

**The programme's data is used within the local authority and NHS to help plan the provision of services and advice to support healthy weight and lifestyles in the area. The information is also submitted for national analysis and publication in a way that means individual children cannot be identified.**

After the measurements, we will send you your child's results and information on healthy eating, being active and activities available in your area.

## Opting your child out of the programme

If you are happy for your child to be measured, you do not need to do anything. **Children will not be made to participate if they do not want to and if you do not** want your child to take part, please email or write to the NCMP Team by 20<sup>th</sup> December 2019.

[NCMPprogramme@leicspart.nhs.uk](mailto:NCMPprogramme@leicspart.nhs.uk)

National Child Measurement Programme  
Bridge Park Plaza  
Bridge Park Road  
Thurmaston  
Leicester  
LE4 8PQ

You will need to ensure you receive a confirmation email or letter otherwise your child may still be asked to take part.

For further information please visit:

<https://www.healthforkids.co.uk/leicestershire/the-national-child-measurement-programme/>

or call the Leicestershire Partnership NHS Trust NCMP Administration Team on 0300 3000 007 and select option 1 twice.

Yours sincerely



Rob Howard  
Consultant in Public Health

**To translate the information on the NHS Choices website into a different language visit:**

[www.nhs.uk/aboutNHSChoices/aboutnhschoices/accessibility/Pages/other-languages-section.aspx](http://www.nhs.uk/aboutNHSChoices/aboutnhschoices/accessibility/Pages/other-languages-section.aspx)