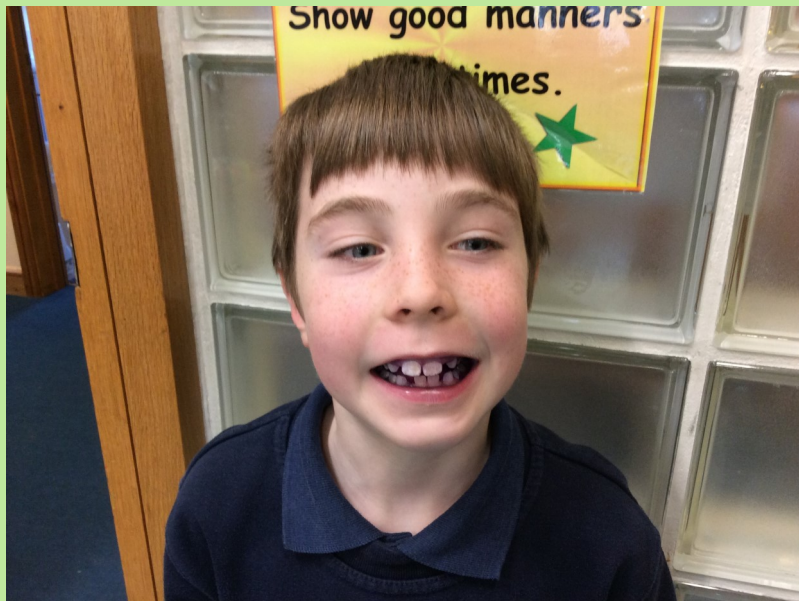


Using disclosing tablets

First we brushed our teeth.



Then we had a disclosing tablet to see how well we brush our teeth—the red and blue stains on our teeth showed the presence of plaque.





Finally, we brushed our teeth again to get rid of the plaque.

