

If you're concerned about your child's...

Behaviour



Sleep



Continence



Diet



Emotional wellbeing



Your Public Health Nursing Team (School Nurses) offer advice clinics at school where you can access help and support.

**The next clinic is on:
16th November, 8:30am – 10:00am**



**Health
for Kids!**

You can also use ChatHealth to text a Public Health Nurse for advice.



- **Leicestershire/Rutland: text 07520 615382**

ChatHealth is a secure messaging service which operates Monday-Friday, 9am - 5pm. During this period messages are responded to within 24 hours.